

SANDWICHES & WRAPS

*w/ fries or side salad on white or granary
or in a flatbread wrap*

SAUSAGE & ONION 8

Gourmet pork sausage *w/* fried onion
& English mustard

(VE) FALAFEL 8

w/ baby gem lettuce, tzatziki & harissa

CLASSIC BLT 8

Bacon, lettuce, tomato & mayo

CLASSIC CLUB 10

Chicken, bacon, lettuce, tomato & mayo

DUCK & HOISIN 8

Shredded duck *w/* spring onion, baby spinach,
cucumber, sesame oil & hoisin sauce

CRAYFISH & AVOCADO 8

w/ baby gem lettuce & cucumber

Upgrade to sweet potato fries or fat chips 1.5

Add mug of soup 3

SALADS & LIGHTER PLATES

Fresh, colourful & tasty!

(VE) THE FRESH ONE 9

w/ chicory, red onion, fennel, rocket &
tarragon *w/* Moroccan orange & pomegranate
dressing

(VE) VERY GREEN SALAD 9

w/ baby gem, cos lettuce, sliced avocado,
rocket & ciabatta croutons *w/* guacamole
dressing

(VE) SUPER SALAD 9

w/ quinoa, puy lentils, edamame, cannellini
& borlotti beans, kale & balsamic carrots

(VE) MEDITERRANEAN SALAD 9

w/ couscous, chickpeas & grilled
Mediterranean vegetables
w/ mint & parsley dressing

(VE) FLAT BREAD SALAD 9

w/ hummus, rocket, courgette, sun dried
tomato, red & yellow peppers, red onion
& pomegranate seeds

HOISIN DUCK SALAD 11.5

w/ shredded duck, spring onion, baby
spinach, cucumber, sesame oil & hoisin sauce

(V) GNOCCHI 11

w/ flat mushroom, red pepper, peas
& garlic butter

(V) PEA & MINT TORTELLINI 9

w/ green beans, edamame beans
& parsley butter

(V, VEO) PENNE 7

w/ tomato, olives & onion & 'Parmesan'
style shavings

(VE) RISOTTO 10

w/ asparagus, edamame beans, lemon &
'Parmesan' style cheese

*Add homecooked ham, prosciutto, shredded
duck, grilled chicken, (VE) falafel or (VE)
toasted seven seed mix to any of our salads
or lighter plates 3.5*

LUNCH?